

Nutrition Facts

4 servings per container

Serving size 1/3 cup (40g)

Amount Per Serving

Calories 125

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 30mg 1%

Total Carbohydrate 30g 10%

Dietary Fiber 2g 8%

Total Sugars 24g

Includes 2g Added Sugars 4%

Protein 1g

Vitamin D 0mcg 0%

Calcium 5mg 0%

Iron 0.6mg 3%

Potassium 250mg 4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.