

# Nutrition Facts

1 servings per container

**Serving size 1/8 cup (21g)**

Amount Per Serving

**Calories 60**

**% Daily Value\***

**Total Fat** 0g **0%**

Saturated Fat 0g **0%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 0 mg **0%**

**Total Carbohydrate** 15g **5%**

Dietary Fiber 1.5g **6%**

Total Sugars 11g

Includes 0g Added Sugars **0%**

**Protein** 1g

Vitamin D 0mcg **0%**

Calcium 10mg **1%**

Iron .6 mg **3%**

Potassium 160 mg **4%**

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.